

# Bromley Children and Young People's MH and Wellbeing Services – Update Nov 2023

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# Bromley Children and Young People's Mental Health and Wellbeing - Overview

**↑ 11%**  
Increase

Bromley Y had **3,170 referrals** for the 2022/23 reporting period, an **increase of 11%** on the previous year.



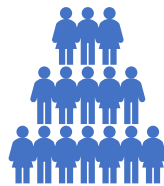
Oxleas CAMHS saw **1,101 referrals** for 2022/23, a **reduction of 24.5%** on the previous year, but remains significantly higher than the pre-pandemic rates (**31% higher compared to 2018/19 figures**).



Bromley Y and CAMHS report that **needs** are becoming **more complex** and **multi-faceted**.



More complex and multi-faceted needs require **longer and more intensive interventions**, leading to **increased caseloads**.



CAMHS have seen an **increase** in the **caseload of 140 CYP** between April and August 2023, despite a reduction in referrals of 148 over the same period compared to the previous year.



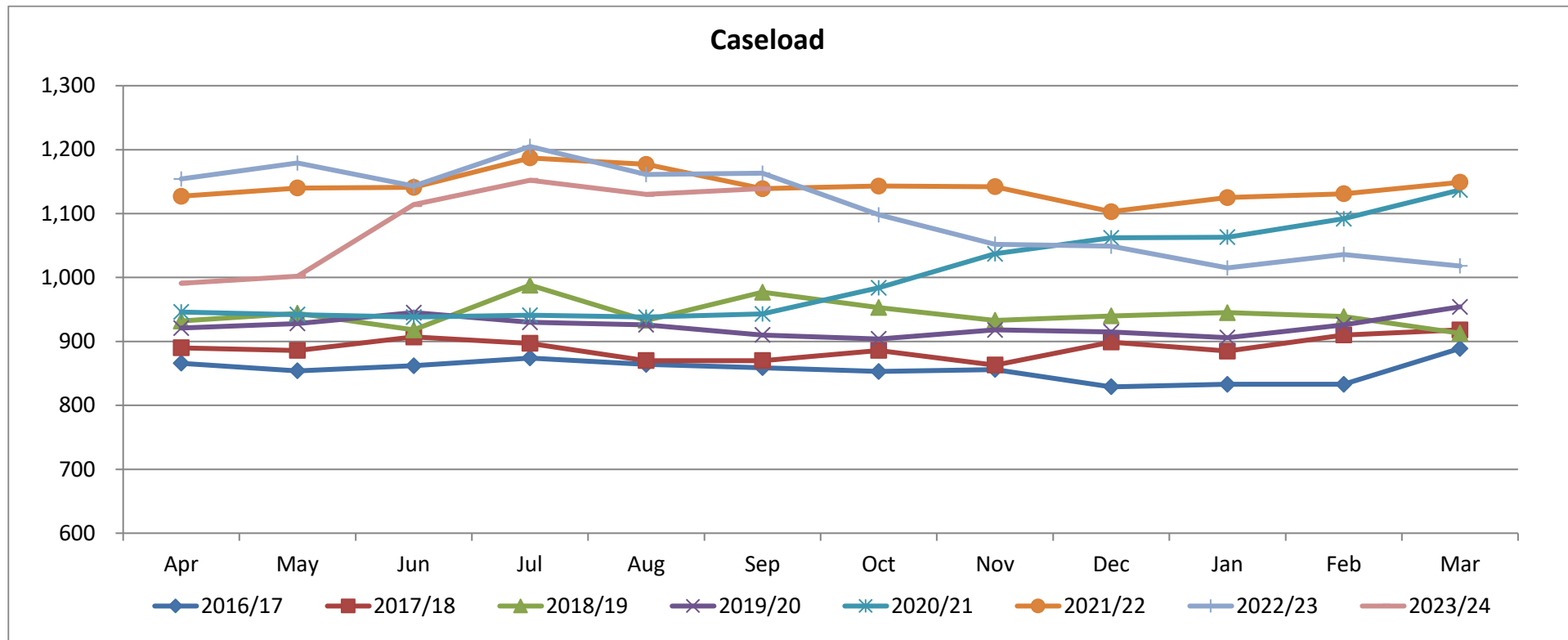
As of August 2023, **average CAMHS waits from referral to first assessment was 35 weeks**, a reduction from 45 weeks for the same period last year.

There is also a **significant reduction in 52+ weeks waits**, with only 41 CYP as of Sept 2023.



Positive early signs from the integrated Single Point of Access (iSPA) model of strengthened joint working, with an **increase in accepted referrals to CAMHS** and a **reduction in re-referrals** between services.

# Bromley Children and Young People’s Mental Health and Wellbeing Services – CAMHS Caseloads Time Series Data



## Bromley's CYP Mental Health and Emotional Wellbeing Service Core Offer

### Prevention and Early Intervention

- Bromley Y provide prevention and early intervention advice and support to CYP and their families.
- Mental Health Support Teams provide advice and support on common mental health needs within schools.
- Kooth provide free online counselling support for CYP aged 10-25.

### Child & Adolescents Mental Health Services (CAMHS)

- Oxleas NHS Foundation Trust provide Bromley CAMHS, offering routine and urgent assessment and evidence-based interventions for CYP under 18 who are struggling with their mental health.

### Targeted and Specialist Services

- South London and Maudsley Foundation Trust provide specialist Children and Adolescent Eating Disorder Services (CAEDS).
- Support for children and families with social and communications difficulties, providing short-term and intensive pre and post diagnostic support.
- Bromley CAMHS and Bromley HealthCare provide the ASD and ADHD diagnostic pathway.
- Support for CYP at risk, such as those known to Social Care and the Youth Offending Service.

## Key transformation projects – update



### **Integrated Single Point of Access (iSPA)**

Development of an integrated single point of access between Bromley Y and Oxleas Child and Adolescent Mental Health Service (CAMHS) to further strengthen working relationships and promote timely access to the right services through a joint screening and triage process.



### **Joint Strategic Needs Assessment**

Commissioning of an all-age mental health needs assessment to inform the refresh of the mental health and wellbeing strategy and future planning and decision making based on needs.



### **Review of the ASD Pathway**

Full review of the ASD pathway to inform a new delivery model to promote timely access and support for children and their families.



### **Review of the Dynamic Support Register**

Review of current processes to ensure alignment with revised national guidance and regional best practice.

## Key transformation projects – update



### **A&E Deep Dive**

Detailed analysis of presentations to A&E by CYP, to help inform earlier intervention and prevention.



### **Resilience and Recovery Programme**

Supporting CYP and their families to manage and maintain positive MH and wellbeing, by promoting resilience, improving functioning and empowering parents/carers to engage with other professionals.



### **Empowering People, Empowering Communities (EPEC) Project**

Delivery of an evidence-based parenting programme, designed to improve access to effective parenting support particularly for socially excluded or marginalised communities.



### **Bromley Eating Disorder Pilot**

Specialist consultations for staff with MCAEDS (Maudsley Child and Adolescent Eating Disorder Service) for early identification and support and delivery of intervention programmes in schools to promote prevention through positive self-image and resilience.

**Any comments/questions?**